



# MAIN MENU



RSLS  
SPRINGVALE

## STARTERS

SOUP OF THE DAY	6
CHEESY GARLIC BREAD	8
POTATO WEDGES	9
add bacon & cheese for \$3	
GARLIC & SPRING ONION PIZZA	10
PRAWN DUMPLINGS	11
SATAY CHICKEN SKEWERS	11
MINI ARANCINI	12
mushroom, spinach & mozzarella	
OYSTERS	½ DOZ. 20 DOZ. 40
natural/ kilpatrick/ mornay	

## SALADS \$24 each

### CHOOSE YOUR SALAD:

<b>CAESAR SALAD</b>
w/ egg, bacon & croutons
<b>THAI GREEN SALAD</b>
w/ mango & peanuts
<b>GREEK SALAD</b>
w/ lettuce, tomato, cucumber, fetta & olives
<b>POWER BOWL</b>
w/ walnuts, quinoa, avocado & miso sesame dressing
<b>ROAST PUMPKIN SALAD</b>
w/ rocket, fetta, walnuts & balsamic dressing

### THEN CHOOSE ONE OF THE FOLLOWING:

Asian beef/ grilled chicken/ prawns/  
grilled calamari/ fried calamari/ falafel/  
smoked salmon

## MAINS

ROAST OF THE DAY	22
CURRY OF THE DAY	22
PIE OF THE DAY	22
LAMBS FRY & BACON	20
BANGERS W/MASH & VEG	22
CHICKEN SCHNITZEL	22
CHICKEN PARMIGIANA	24
traditional/ hawaiian/ mexican	
FISH & CHIPS	24
grilled/ beer battered	
FRIED CALAMARI RINGS	24
GARLIC PRAWNS W/ RICE	25
STIR FRY BEEF & PRAWNS	26
GRILLED SALMON	26
served with mash & veg	
FRIED RICE	22
w/ bbq pork & shrimp	
SWEET & SOUR PORK W/ FRIED RICE	24
SINGAPORE NOODLES	23
w/chicken & shrimp	
CHICKEN SCALLOPINI	23
w/ creamy mushroom sauce	
SATAY CHICKEN W/ STEAMED RICE	23
SPAGHETTI BOLOGNESE	21
LINGUINI MARINARA	27
WAGYU BEEF & BACON BURGER	22
GRILLED CHICKEN BURGER	23
w/ avocado & bacon	
STEAK SANDWICH	24
w/ the lot- egg, bacon, cheese & chilli jam	
ASIAN PORK CHOPS	24
w/ rice, fried egg and salad	

## FROM THE PADDOCK

LAMB SHANKS	29
500 GRAM RUMP	29
350 GRAM CLUB T-BONE	28
300 GRAM PORTERHOUSE	30
400 GRAM RIB EYE	33
300 GRAM EYE FILLET	38

ADD GARLIC PRAWNS TO ANY STEAK 8

All steaks served with your choice of  
sauce & sides

## DESSERTS

FRUIT SALAD	8
CRÈME BRÛLÉE	8
BANANA FRITTER	8
STICKY DATE PUDDING	8
ICE CREAM SUNDAE	8

Assorted cakes available- ask staff for  
daily specials

## VEGETARIAN

(Vegan available on request)

VEGGIE BURGER	20
ROASTED VEGETABLE SALAD	21
w/ falafel	
STEAMED SILKEN TOFU	21
w/ veg fried rice, egg optional	
EGGPLANT PARMA	23
GRILLED VEGETABLE STACK	20
served on crispy pastry	

## SENIORS

LAMB SHANK	22
PORTERHOUSE STEAK	22
ROAST OF THE DAY	17
CURRY OF THE DAY	17
PIE OF THE DAY	17
LAMBS FRY & BACON	17
BANGERS & MASH	17
CHICKEN SCHNITZEL	17
CHICKEN PARMIGIANA	17
FISH & CHIPS	17
grilled/ beer battered	
FRIED SEAFOOD BASKET	17
FRIED RICE	17
w/ bbq pork & shrimp	
SINGAPORE NOODLES	17
chicken & shrimp	
CHICKEN SCALLOPINI	17
w/ creamy mushroom sauce	
SATAY CHICKEN W/ STEAMED RICE	17
SPAGHETTI BOLOGNESE	17
add a senior soup or dessert for \$3 each	

SENIOR'S CARD MUST BE  
PRESENTED WHEN ORDERING  
SENIOR'S MEALS

## KIDS

NUGGETS & CHIPS	11
FISH & CHIPS	11
SPAGHETTI BOLOGNESE	11

PRESENT YOUR MEMBERSHIP CARD TO RECEIVE 10% OFF ANY MAIN MEAL PURCHASED



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