

Balanced Bowls

Sticky jasmine rice drizzled with rich katsu sauce and topped with Tenderstem® broccoli, spring onions, fresh chilli and coriander.

Choose your topping:

BBQ PULLED PORK 915 kcal	11.75
GRILLED CHICKEN 784 kcal	11.75
CRISPY KING PRAWNS 846 kcal	11.75
SHIITAKE MUSHROOM 679 kcal	11.50



Grilled Chicken Balanced Bowl

Mighty Salads

OUR PICK
RANCH CHICKEN SALAD 11.50
 Grilled chicken fillet with streaky bacon, baby gem lettuce, cucumber, spinach and cherry tomatoes, tossed in buttermilk ranch dressing and served on crushed avocado 603 kcal

HOUSE SALAD 9.50
 Baby gem lettuce, cucumber, cherry tomatoes and red onion, with a mix of adzuki beans & black rice and served on houmous 636 kcal
 + **GRILLED CHICKEN FILLET** +149 kcal +2.50
 + **HALLOUMI** +398 kcal +2.50

Sarnies

All sandwiches are served with coleslaw and your choice of:

SEASONED CHUNKY CHIPS +375 kcal
DRESSED SIDE SALAD +196 kcal

UPGRADE TO WAFFLE FRIES +62 kcal +1.00

CHEESE & BALLYMALOE RELISH 8.95
 Monterey Jack cheese and Ballymaloe relish. Served in a warm sourdough baguette 581 kcal
 + **HAM** +253 kcal +1.50

CHICKEN FILLET ROLL 9.50
 Crispy chicken tenders, baby gem lettuce, tomato and mayonnaise. Served in a warm sourdough baguette 663 kcal

PHILLY STEAK SANDWICH 10.25
 Grilled rump steak, red onions, mushrooms smothered in a cheese sauce. Served in a warm sourdough baguette 630 kcal

FISH FINGER WRAP* 8.95
 Hand-battered fish goujons in Irish Magners cider with baby gem lettuce and tartare sauce, wrapped in a warm toasted tortilla 502 kcal

SHIITAKE MUSHROOM TORTILLA 8.95
 Shiitake mushrooms served in a tortilla pocket, with baby gem lettuce, crunchy slaw and Ballymaloe relish 549 kcal

SPICY CHICKEN QUESADILLA 9.50
 Four toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 740 kcal

Hot Drinks

Decaf and milk alternatives available as part of selected hot drinks on request



ESPRESSO 2.30 10 kcal	LATTE 2.65 108 kcal
AMERICANO 2.30 Black 9 kcal White 83 kcal	MOCHA 2.75 135 kcal
FLAT WHITE 2.30 124 kcal	HOT CHOCOLATE 2.65 226 kcal
CAPPUCCINO 2.65 103 kcal	TEA 2.30 27 kcal

Sweet Treats

TOFFEE APPLE CRUMBLE TART 5.50
 Warm and comforting, served with vegan custard 370 kcal

BAILEYS® CARAMEL PROFITEROLES* 5.50
 Topped with Baileys caramel sauce and whipped cream 578 kcal

BAILEYS® ICE CREAM SUNDAE* 5.50
 Irish vanilla ice cream topped with Baileys caramel sauce 863 kcal

OUR PICK
GUINNESS® BROWNIE* 5.75
 Guinness enriched chocolate brownie with Irish vanilla ice cream and Belgian chocolate sauce 690 kcal

STICKY TOFFEE PUDDING 5.75
 Served warm with Irish vanilla ice cream 788 kcal

TROPICAL SEMIFREDDO 5.50
 A light and creamy frozen mango and passionfruit semifreddo, served chilled 473 kcal



Guinness® Brownie

DOWNLOAD THE O'NEILL'S APP TO GET THE LATEST DEALS AND OFFERS

Adults need around 2000 kcal a day.

If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

🌱 = made with vegetarian ingredients, 🌿 = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All calories are correct at the time of menu print. Live nutrition information is available online. * = this dish contains alcohol. *Fish dishes may contain small bones. All items are subject to availability. Photography is for illustration purposes only. #Weights stated are approximate uncooked weights. Prices include VAT at the current rate.

Food

WHY WAIT?
 ORDER & PAY
 AT YOUR TABLE



The Mighty Guinness® Burger*

165742/HIG/LN26/B4



Small Plates

3 FOR £17.00 5 FOR £25.00

CRISPY KING PRAWNS 6.95
Served with a wedge of lemon and a Sriracha mayo dip 233 kcal

SPICY CHICKEN QUESADILLA 6.75
Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 412 kcal

BBQ PULLED BEEF TACOS 7.25
Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and Sriracha mayo 700 kcal

HOUMOUS & FLATBREAD 6.25
Topped with paprika and served with cucumber sticks 777 kcal

PANKO-BREADED SALT & PEPPER CALAMARI STRIPS 6.50
Served with lemon mayonnaise 340 kcal

HALLOUMI FRIES 6.75
Served with sweet chilli sauce 626 kcal

DRUNKEN MUSHROOMS* 5.95
Beer-battered mushrooms with a sour cream dip 361 kcal

CRISPY VEGETABLE SPRING ROLLS 5.95
Served with sweet chilli sauce 405 kcal

CRISPY CHICKEN TENDERS 6.95
Served with sweet chilli sauce 442 kcal

SHIITAKE MUSHROOM TACOS 6.95
Two tacos with shiitake mushrooms. Served with crunchy slaw and Ballymaloe relish 448 kcal

OUR PICK
10oz⁺ SALT & PEPPER PRIME CHICKEN WINGS 484 kcal 6.95
Choose a dip from below:
BLUE CHEESE +47 kcal
BUFFALO HOT +5 kcal
BBQ +47 kcal
HOTHONEY +91 kcal

GARLIC BREAD 5.50
Warm ciabatta brushed with garlic and baked until golden 420 kcal

CHEESY GARLIC BREAD 6.50
Warm ciabatta brushed with garlic and topped with melted mozzarella and Cheddar 520 kcal

CHORIZO & HALLOUMI SKEWERS 7.25
Served with tomato salsa 658 kcal

DUCK GYOZA 6.50
Hand-cripped duck & hoisin gyoza, with ginger-soy dressing and topped with chilli and spring onion 190 kcal

SNACK NACHOS 6.25
Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 494 kcal

TOP IT OFF WITH AN EXTRA
+ BBQ PULLED BEEF RIB +138 kcal +2.00
+ BBQ PULLED PORK +134 kcal +2.00

Sharers

BEST ENJOYED WITH GOOD COMPANY

SHARING NACHOS 9.95
Tortilla chips loaded with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 989 kcal

TOP IT OFF WITH AN EXTRA
+ BBQ PULLED BEEF +229 kcal +3.00
+ BBQ PULLED PORK +221 kcal +3.00

OUR PICK
30oz⁺ CHICKEN WING PLATTER 15.75
Salt & pepper prime chicken wings 1430 kcal
With your choice of three dips:
BLUE CHEESE +47 kcal **BBQ** +47 kcal
BUFFALO HOT +5 kcal **HOTHONEY** +91 kcal

Loaded Waffle Fries

Crunchy waffle fries loaded with nacho cheese sauce, grated cheese and spring onions, drizzled with Guinness® BBQ® sauce and topped with crispy onions, fresh chilli and coriander

Choose your topping:
CRISPY CHICKEN TENDERS 1524 kcal 11.25
BBQ PULLED BEEF RIB 1384 kcal 11.25
BBQ PULLED PORK 1376 kcal 11.25
SHIITAKE MUSHROOM 1310 kcal 10.75



Crispy Chicken Tenders Loaded Waffle Fries

Pizzas

Our stone-baked pizzas are hand-stretched, topped and freshly baked to order, then brushed with garlic for real flavour

PEPPERONI 12.50
Pepperoni and mozzarella 1442 kcal

CHORIZO & RED PEPPER 11.95
Fresh chorizo and sweet red pepper with mozzarella 1251 kcal

BBQ CHICKEN SUPREME 11.95
Spicy pulled chicken, mozzarella, red pepper and red onion on a BBQ sauce base 1250 kcal

MARGHERITA 10.95
Classic mozzarella and tomato base 1027 kcal
VEGAN ALTERNATIVE AVAILABLE 831 kcal

HAM & MUSHROOM 12.25
Ham, mushroom and mozzarella 1288 kcal

OUR PICK
MEAT FEAST 13.25
Pulled beef rib, pepperoni, spicy pulled chicken and mozzarella coming together for one hearty bite 1586 kcal

DOUBLE MUSHROOM 11.95
Shiitake mushroom, red pepper and flat mushroom. Served on a creamy white base 1175 kcal

WHY NOT ADD...
+ BUTTERMILK RANCH DIP +140 kcal +1.00
+ HOTHONEY +91 kcal +1.00

Burgers

Served in a toasted brioche linseed bun with our signature burger sauce, baby gem lettuce and red onion, with a side of seasoned chunky chips

UPGRADE TO WAFFLE FRIES +62 kcal +1.00

OUR PICK
THE MIGHTY GUINNESS®* 13.95
Beef patty with rich Guinness BBQ sauce, melted Monterey Jack cheese & crispy waffle fries. A proper Irish stack with a twist 1194 kcal

BLAZIN' BLUE 12.50
Monterey Jack cheese, Frank's Redhot® Buffalo sauce, flat mushroom and blue cheese sauce. A fiery kick with a cool finish. Your choice of:
BEEF 1098 kcal
CHICKEN 1072 kcal

SOUTHERN CHICKEN RANCH 12.75
Two crispy southern-fried chicken fillets, topped with streaky bacon and creamy buttermilk ranch sauce 1423 kcal

FIERY BUFFALO CHICKEN STACK 12.25
Two crispy southern-fried chicken fillets, topped with Frank's Redhot® Buffalo sauce and nacho cheese sauce 1111 kcal

NOTORIOUS P.I.G. 14.25
Beef patty stacked with BBQ pulled pork, melted Monterey Jack cheese and battered onion rings 1332 kcal

TROPICANA STACK 13.75
A juicy beef patty stacked with sweet grilled pineapple, spicy fresh chorizo, cheese and topped with crispy fried onions 1403 kcal



KATSU CHICKEN 11.95
Two crispy southern-fried chicken fillets, layered with melted Monterey Jack cheese and smothered in katsu curry sauce 1246 kcal

HOT HONEY CHICKEN & BACON 12.75
Two crispy southern-fried chicken fillets, drizzled with hot honey sauce and topped with streaky bacon 1191 kcal

SHIITAKE MUSHROOM 10.75
Shiitake mushrooms, topped with Violife®, flat mushroom and finished with salsa 843 kcal

CHEESE & BACON 12.25
Beef patty with streaky bacon and melted Monterey Jack cheese 1184 kcal

WHY NOT ADD...
+ BEEF PATTY +204 kcal +2.00
+ STREAKY BACON +174 kcal +1.00
+ HALF RACK BBQ RIBS* +675 kcal +5.00
+ BBQ PULLED BEEF RIB +138 kcal +2.00
+ BBQ PULLED PORK +134 kcal +2.00
+ MONTEREY JACK CHEESE +131 kcal +1.00
+ BATTERED ONION RINGS +752 kcal +3.25

Signature Classics

GUINNESS® GLAZED BBQ RIBS* 14.75
A mouth-watering full rack of ribs glazed in Guinness BBQ sauce, served with seasoned chunky chips and coleslaw 1772 kcal

FISH & CHIPS* 12.25
Hand-battered in Irish Magners cider, served with seasoned chunky chips, tartare sauce and mushy peas 846 kcal
+ KATSU CURRY SAUCE +85 kcal +1.00

SCAMPI & CHIPS† 12.25
Nine pieces of wholetail scampi with a lemon wedge, seasoned chunky chips and garden peas 923 kcal
+ KATSU CURRY SAUCE +85 kcal +1.00

SPINACH & MOZZARELLA PASTA SHELLS 11.75
Conchiglioni pasta shells stuffed with spinach, mozzarella & Cheddar, served in a rich cherry tomato sauce. Served with your choice of:
GARLIC BREAD 962 kcal
DRESSED SIDE SALAD 850 kcal

LASAGNE* 11.75
Rich beef ragu lasagne layered with pasta and a Cheddar cheese sauce, baked to perfection. Served with your choice of:
GARLIC BREAD 889 kcal
DRESSED SIDE SALAD 778 kcal

FISHERMAN'S PLATTER* 16.25
A generous platter of wholetail scampi and Irish Magners cider-battered fish, accompanied by seasoned chunky chips, mushy peas, warm sourdough baguette, tartare sauce and katsu curry sauce 1466 kcal

SAUSAGE & MASH 10.50
Irish pork & leek sausages on buttery mashed potato with garden peas and gravy, finished with crispy battered onion rings 1343 kcal
VEGETARIAN ALTERNATIVE 1012 kcal

SMOTHERED CHICKEN 11.75
Two crispy southern-fried chicken fillets layered with streaky bacon, smothered in melted Monterey Jack cheese and BBQ sauce, served with seasoned chunky chips, garden peas and coleslaw 1647 kcal

HAM, EGG AND CHIPS 11.75
Thick-cut ham served with two fried free-range eggs, garden peas and seasoned chunky chips 964 kcal

STEAK & GUINNESS® PIE* 12.75
Slow-cooked beef in a Guinness and onion gravy with puff pastry, served with garden peas, gravy and mashed potato 1152 kcal

Grills

Chargrilled to perfection. All served with seasoned chunky chips

7oz⁺ GAMMON STEAK 11.25
Served with a fried free-range egg, grilled pineapple and garden peas 798 kcal
+ DOUBLE UP TO 14oz⁺ 1002 kcal 13.95

8oz⁺ RUMP STEAK 13.75
Chargrilled aged steak, seasoned with black pepper and salt. Served with grilled tomato, flat mushroom, garden peas and your choice of sauce 910 kcal
+ DOUBLE UP TO 16oz⁺ 1319 kcal 18.25

PEPPERCORN SAUCE* +85 kcal
BBQ +47 kcal

CLASSIC MIXED GRILL 14.75
Small rump steak, half a gammon steak, chicken fillet, Irish pork & leek sausage and a fried free-range egg. Served with grilled tomato, flat mushroom and garden peas 1222 kcal

MEGA MIXED GRILL 18.75
A plate that means business. 8oz⁺ rump steak, 7oz⁺ gammon steak, chicken fillet, two Irish pork & leek sausages all grilled to perfection. Served with a fried free-range egg, grilled tomato, flat mushroom and garden peas 1701 kcal

WHY NOT ADD...
+ HALF RACK BBQ RIBS* +675 kcal +5.00
+ BATTERED ONION RINGS +752 kcal +3.25
+ CRISPY KING PRAWNS +117 kcal +2.50
Add crispy king prawns to your steak to make it a Surf & Turf

Sides

AH GO ON, ADD A BIT ON THE SIDE

WAFFLE FRIES 437 kcal 4.25

BATTERED ONION RINGS 752 kcal 3.25

GARDEN PEAS 159 kcal 1.25

MUSHY PEAS 174 kcal 1.25

DRESSED SIDE SALAD 196 kcal 3.25

SEASONED CHUNKY CHIPS 375 kcal 3.25

COLESLAW 212 kcal 2.25

GARLIC BREAD 211 kcal 3.25

CHEESY GARLIC BREAD 260 kcal 4.25

WHY WAIT?
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Adults need around 2000 kcal a day

LOOKING FOR SOMETHING ELSE? SWITCH IT UP WITH SARNIES, SALADS & BALANCED BOWLS ON THE BACK