

# Balanced Bowls

Sticky jasmine rice drizzled with rich katsu sauce and topped with Tenderstem® broccoli, spring onions, fresh chilli and coriander.  
Choose your topping:

|                    |          |       |
|--------------------|----------|-------|
| BBQ PULLED PORK    | 915 kcal | 12.25 |
| GRILLED CHICKEN    | 784 kcal | 12.25 |
| CRISPY KING PRAWNS | 846 kcal | 12.25 |
| SHIITAKE MUSHROOM  | 679 kcal | 11.95 |



Grilled Chicken Balanced Bowl

# Sarnies

All sandwiches are served with coleslaw and your choice of:  
SEASONED CHUNKY CHIPS +375 kcal  
DRESSED SIDE SALAD +196 kcal

UPGRADE TO WAFFLE FRIES +62 kcal +1.00

|                                                                                                                     |           |
|---------------------------------------------------------------------------------------------------------------------|-----------|
| CHEESE & BALLYMALOE RELISH                                                                                          | 9.50      |
| Monterey Jack cheese and Ballymaloe relish. Served in a warm sourdough baguette 581 kcal                            |           |
| + HAM                                                                                                               | +253 kcal |
| CHICKEN FILLET ROLL                                                                                                 | 9.95      |
| Crispy chicken tenders, baby gem lettuce, tomato and mayonnaise. Served in a warm sourdough baguette 663 kcal       |           |
| PHILLY STEAK SANDWICH                                                                                               | 10.75     |
| Grilled rump steak, red onions, mushrooms smothered in a cheese sauce. Served in a warm sourdough baguette 630 kcal |           |

# Hot Drinks

Decaf and milk alternatives available as part of selected hot drinks on request

LAVAZZA TORINO, ITALIA, 1895

|                               |      |               |      |
|-------------------------------|------|---------------|------|
| ESPRESSO                      | 2.30 | LATTE         | 2.65 |
| 10 kcal                       |      | 108 kcal      |      |
| AMERICANO                     | 2.30 | MOCHA         | 2.75 |
| Black 9 kcal<br>White 83 kcal |      | 135 kcal      |      |
| FLAT WHITE                    | 2.30 | HOT CHOCOLATE | 2.65 |
| 124 kcal                      |      | 226 kcal      |      |
| CAPPUCINO                     | 2.65 | TEA           | 2.30 |
| 103 kcal                      |      | 27 kcal       |      |

# Sweet Treats

|                                                                                                       |      |
|-------------------------------------------------------------------------------------------------------|------|
| TOFFEE APPLE CRUMBLE TART                                                                             | 5.75 |
| Warm and comforting, served with vegan custard 370 kcal                                               |      |
| BAILEYS® CARAMEL PROFITEROLES*                                                                        | 5.75 |
| Topped with Baileys caramel sauce and whipped cream 578 kcal                                          |      |
| BAILEYS® ICE CREAM SUNDAE*                                                                            | 5.75 |
| Irish vanilla ice cream topped with Baileys caramel sauce 863 kcal                                    |      |
| OUR PICK<br>GUINNESS® BROWNIE*                                                                        | 5.95 |
| Guinness enriched chocolate brownie with Irish vanilla ice cream and Belgian chocolate sauce 690 kcal |      |
| STICKY TOFFEE PUDDING                                                                                 | 5.95 |
| Served warm with Irish vanilla ice cream 788 kcal                                                     |      |
| TROPICAL SEMIFREDDO                                                                                   | 5.75 |
| A light and creamy frozen mango and passionfruit semifreddo, served chilled 473 kcal                  |      |



Guinness® Brownie\*

DOWNLOAD THE O'NEILL'S APP TO GET THE LATEST DEALS AND OFFERS

Adults need around 2000 kcal a day.  
If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.  
= made with vegetarian ingredients, = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All calories are correct at the time of menu print. Live nutrition information is available online. \* = this dish contains alcohol. 'Fish dishes may contain small bones. All items are subject to availability. Photography is for illustration purposes only. #Weights stated are approximate uncooked weights. Prices include VAT at the current rate.

# Food

WHY WAIT?  
ORDER & PAY  
AT YOUR TABLE





The Mighty Guinness® Burger\*

O'Neill's

Small Plates

3 FOR

£17.50

5 FOR

£25.50

|                                                                                                                                                                           |                                                                                                                                                                                                                                             |                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <b>CRISPY KING PRAWNS</b> 7.25<br>Served with a wedge of lemon and a Sriracha mayo dip 233 kcal                                                                           | <b>DRUNKEN MUSHROOMS*</b> 6.25<br>Beer-battered mushrooms with a sour cream dip 361 kcal                                                                                                                                                    | <b>GARLIC BREAD</b> 5.75<br>Warm ciabatta brushed with garlic and baked until golden 420 kcal                                             |
| <b>SPICY CHICKEN QUESADILLA</b> 6.95<br>Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 412 kcal | <b>CRISPY VEGETABLE SPRING ROLLS</b> 6.25<br>Served with sweet chilli sauce 405 kcal                                                                                                                                                        | <b>CHEESY GARLIC BREAD</b> 6.75<br>Warm ciabatta brushed with garlic and topped with melted mozzarella and Cheddar 520 kcal               |
| <b>BBQ PULLED BEEF TACOS</b> 7.50<br>Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and Sriracha mayo 700 kcal                                   | <b>CRISPY CHICKEN TENDERS</b> 7.25<br>Served with sweet chilli sauce 442 kcal                                                                                                                                                               | <b>CHORIZO &amp; HALLOUMI SKEWERS</b> 7.50<br>Served with tomato salsa 658 kcal                                                           |
| <b>HOUMOUS &amp; FLATBREAD</b> 6.50<br>Topped with paprika and served with cucumber sticks 777 kcal                                                                       | <b>SHIITAKE MUSHROOM TACOS</b> 7.25<br>Two tacos with shiitake mushrooms. Served with crunchy slaw and Ballymaloe relish 448 kcal                                                                                                           | <b>DUCK GYOZA</b> 6.75<br>Hand-crimped duck & hoisin gyoza, with ginger-<br>soy dressing and topped with chilli and spring onion 190 kcal |
| <b>PANKO-BREADED SALT &amp; PEPPER CALAMARI STRIPS</b> 6.75<br>Served with lemon mayonnaise 340 kcal                                                                      | <b>OUR PICK</b><br><b>10oz<sup>+</sup> SALT &amp; PEPPER PRIME CHICKEN WINGS</b> 484 kcal 7.25<br>Choose a dip from below:<br><b>BLUE CHEESE</b> +47 kcal<br><b>BUFFALO HOT</b> +5 kcal<br><b>BBQ</b> +47 kcal<br><b>HOT HONEY</b> +91 kcal | <b>SNACK NACHOS</b> 6.50<br>Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 494 kcal            |
| <b>HALLOUMI FRIES</b> 6.95<br>Served with sweet chilli sauce 626 kcal                                                                                                     |                                                                                                                                                                                                                                             | <b>TOP IT OFF WITH AN EXTRA</b><br><b>+ BBQ PULLED BEEF RIB</b> +138 kcal +2.00<br><b>+ BBQ PULLED PORK</b> +134 kcal +2.00               |

Sharers

BEST ENJOYED WITH GOOD COMPANY

|                                                                                                                                   |                                                                                                                                                                                                                                                                          |
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| <b>SHARING NACHOS</b> 10.25<br>Tortilla chips loaded with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 989 kcal | <b>OUR PICK</b><br><b>30oz<sup>+</sup> CHICKEN WING PLATTER</b> 16.50<br>Salt & pepper prime chicken wings 1430 kcal<br>With your choice of three dips:<br><b>BLUE CHEESE</b> +47 kcal<br><b>BUFFALO HOT</b> +5 kcal<br><b>BBQ</b> +47 kcal<br><b>HOT HONEY</b> +91 kcal |
| <b>TOP IT OFF WITH AN EXTRA</b><br><b>+ BBQ PULLED BEEF</b> +229 kcal +3.00<br><b>+ BBQ PULLED PORK</b> +221 kcal +3.00           |                                                                                                                                                                                                                                                                          |

Loaded Waffle Fries

|                                                                                                                                                                                    |                                                                                                                                                                                                           |
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| Crunchy waffle fries loaded with nacho cheese sauce, grated cheese and spring onions, drizzled with Guinness® BBQ* sauce and topped with crispy onions, fresh chilli and coriander | Choose your topping:<br><b>CRISPY CHICKEN TENDERS</b> 1524 kcal 11.75<br><b>BBQ PULLED BEEF RIB</b> 1384 kcal 11.75<br><b>BBQ PULLED PORK</b> 1376 kcal 11.75<br><b>SHIITAKE MUSHROOM</b> 1310 kcal 11.25 |
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Crispy Chicken Tenders  
Loaded Waffle Fries

Pizzas

Our stone-baked pizzas are hand-stretched, topped and freshly baked to order, then brushed with garlic for real flavour

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| <b>PEPPERONI</b> 12.95<br>Pepperoni and mozzarella 1442 kcal                                                                                                |  |
| <b>CHORIZO &amp; RED PEPPER</b> 12.50<br>Fresh chorizo and sweet red pepper with mozzarella 1251 kcal                                                       |  |
| <b>BBQ CHICKEN SUPREME</b> 12.50<br>Spicy pulled chicken, mozzarella, red pepper and red onion on a BBQ sauce base 1250 kcal                                |  |
| <b>MARGHERITA</b> 11.50<br>Classic mozzarella and tomato base 1027 kcal<br><b>VEGAN ALTERNATIVE AVAILABLE</b> 831 kcal                                      |  |
| <b>HAM &amp; MUSHROOM</b> 12.75<br>Ham, mushroom and mozzarella 1288 kcal                                                                                   |  |
| <b>OUR PICK</b><br><b>MEAT FEAST</b> 13.75<br>Pulled beef rib, pepperoni, spicy pulled chicken and mozzarella coming together for one hearty bite 1586 kcal |  |
| <b>DOUBLE MUSHROOM</b> 12.50<br>Shiitake mushroom, red pepper and flat mushroom. Served on a creamy white base 1175 kcal                                    |  |
| <b>WHY NOT ADD...</b>                                                                                                                                       |  |
| <b>+ BUTTERMILK RANCH DIP</b> +140 kcal +1.00<br><b>+ HOT HONEY</b> +91 kcal +1.00                                                                          |  |

Burgers

Served in a toasted brioche linseed bun with our signature burger sauce, baby gem lettuce and red onion, with a side of seasoned chunky chips

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| <b>UPGRADE TO WAFFLE FRIES</b> +62 kcal +1.00                                                                                                                                                                                                                       |  |
| <b>OUR PICK</b><br><b>THE MIGHTY GUINNESS®*</b> 14.50<br>Beef patty with rich Guinness BBQ sauce, melted Monterey Jack cheese & crispy waffle fries. A proper Irish stack with a twist 1194 kcal                                                                    |  |
| <b>BLAZIN' BLUE</b> 12.95<br>Monterey Jack cheese, Frank's Redhot® Buffalo sauce, flat mushroom and blue cheese sauce. A fiery kick with a cool finish. Your choice of:<br><b>BEEF</b> 1098 kcal<br><b>CHICKEN</b> 1072 kcal                                        |  |
| <b>SOUTHERN CHICKEN RANCH</b> 13.25<br>Two crispy southern-fried chicken fillets, topped with streaky bacon and creamy buttermilk ranch sauce 1423 kcal                                                                                                             |  |
| <b>FIERY BUFFALO CHICKEN STACK</b> 12.75<br>Two crispy southern-fried chicken fillets, topped with Frank's Redhot® Buffalo sauce and nacho cheese sauce 1111 kcal                                                                                                   |  |
| <b>NOTORIOUS P.I.G.</b> 14.75<br>Beef patty stacked with BBQ pulled pork, melted Monterey Jack cheese and battered onion rings 1332 kcal                                                                                                                            |  |
| <b>TROPICANA STACK</b> 14.25<br>A juicy beef patty stacked with sweet grilled pineapple, spicy fresh chorizo, cheese and topped with crispy fried onions 1403 kcal                                                                                                  |  |
| <b>GUINNESS® GLAZED BBQ RIBS*</b> 15.25<br>A mouth-watering full rack of ribs glazed in Guinness BBQ sauce, served with seasoned chunky chips and coleslaw 1772 kcal                                                                                                |  |
| <b>FISH &amp; CHIPS<sup>+</sup></b> 12.75<br>Hand-battered in Irish Magners cider, served with seasoned chunky chips, tartare sauce and mushy peas 846 kcal<br><b>+ KATSU CURRY SAUCE</b> +85 kcal +1.00                                                            |  |
| <b>SCAMPI &amp; CHIPS<sup>‡</sup></b> 12.75<br>Nine pieces of wholetail scampi with a lemon wedge, seasoned chunky chips and garden peas 923 kcal<br><b>+ KATSU CURRY SAUCE</b> +85 kcal +1.00                                                                      |  |
| <b>SPINACH &amp; MOZZARELLA PASTA SHELLS</b> 12.25<br>Conchiglioni pasta shells stuffed with spinach, mozzarella & Cheddar, served in a rich cherry tomato sauce. Served with your choice of:<br><b>GARLIC BREAD</b> 962 kcal<br><b>DRESSED SIDE SALAD</b> 850 kcal |  |
| <b>LASAGNE*</b> 12.25<br>Rich beef ragu lasagne layered with pasta and a Cheddar cheese sauce, baked to perfection. Served with your choice of:<br><b>GARLIC BREAD</b> 889 kcal<br><b>DRESSED SIDE SALAD</b> 778 kcal                                               |  |



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| <b>KATSU CHICKEN</b> 12.50<br>Two crispy southern-fried chicken fillets, layered with melted Monterey Jack cheese and smothered in katsu curry sauce 1246 kcal                                                                                                                                                              |  |
| <b>HOT HONEY CHICKEN &amp; BACON</b> 13.25<br>Two crispy southern-fried chicken fillets, drizzled with hot honey sauce and topped with streaky bacon 1191 kcal                                                                                                                                                              |  |
| <b>SHIITAKE MUSHROOM</b> 11.25<br>Shiitake mushrooms, topped with Violife®, flat mushroom and finished with salsa 843 kcal                                                                                                                                                                                                  |  |
| <b>CHEESE &amp; BACON</b> 12.75<br>Beef patty with streaky bacon and melted Monterey Jack cheese 1184 kcal                                                                                                                                                                                                                  |  |
| <b>WHY NOT ADD...</b>                                                                                                                                                                                                                                                                                                       |  |
| <b>+ BEEF PATTY</b> +204 kcal +2.00<br><b>+ STREAKY BACON</b> +174 kcal +1.00<br><b>+ HALF RACK BBQ RIBS*</b> +675 kcal +5.00<br><b>+ BBQ PULLED BEEF RIB</b> +138 kcal +2.00<br><b>+ BBQ PULLED PORK</b> +134 kcal +2.00<br><b>+ MONTEREY JACK CHEESE</b> +131 kcal +1.00<br><b>+ BATTERED ONION RINGS</b> +752 kcal +3.25 |  |
| <b>FISHERMAN'S PLATTER<sup>†</sup></b> 16.75<br>A generous platter of wholetail scampi and Irish Magners cider-battered fish, accompanied by seasoned chunky chips, mushy peas, warm sourdough baguette, tartare sauce and katsu curry sauce 1466 kcal                                                                      |  |
| <b>SAUSAGE &amp; MASH</b> 10.95<br>Irish pork & leek sausages on buttery mashed potato with garden peas and gravy, finished with crispy battered onion rings 1343 kcal<br><b>VEGETARIAN ALTERNATIVE</b> 1012 kcal                                                                                                           |  |
| <b>SMOTHERED CHICKEN</b> 12.25<br>Two crispy southern-fried chicken fillets layered with streaky bacon, smothered in melted Monterey Jack cheese and BBQ sauce, served with seasoned chunky chips, garden peas and coleslaw 1647 kcal                                                                                       |  |
| <b>HAM, EGG AND CHIPS</b> 12.25<br>Thick-cut ham served with two fried free-range eggs, garden peas and seasoned chunky chips 964 kcal                                                                                                                                                                                      |  |
| <b>STEAK &amp; GUINNESS® PIE*</b> 13.25<br>Slow-cooked beef in a Guinness and onion gravy with puff pastry, served with garden peas, gravy and mashed potato 1152 kcal                                                                                                                                                      |  |

Grills

Chargrilled to perfection. All served with seasoned chunky chips

|                                                                                                                                                                                                                                                                                                 |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <b>7oz<sup>+</sup> GAMMON STEAK</b> 11.75<br>Served with a fried free-range egg, grilled pineapple and garden peas 798 kcal<br><b>+ DOUBLE UP TO 14oz<sup>+</sup></b> 1002 kcal 14.50                                                                                                           |  |
| <b>8oz<sup>+</sup> RUMP STEAK</b> 14.25<br>Chargrilled aged steak, seasoned with black pepper and salt. Served with grilled tomato, flat mushroom, garden peas and your choice of sauce 910 kcal<br><b>+ DOUBLE UP TO 16oz<sup>+</sup></b> 1319 kcal 18.75                                      |  |
| <b>PEPPERCORN SAUCE*</b> +85 kcal<br><b>BBQ</b> +47 kcal                                                                                                                                                                                                                                        |  |
| <b>CLASSIC MIXED GRILL</b> 15.25<br>Small rump steak, half a gammon steak, chicken fillet, Irish pork & leek sausage and a fried free-range egg. Served with grilled tomato, flat mushroom and garden peas 1222 kcal                                                                            |  |
| <b>MEGA MIXED GRILL</b> 19.25<br>A plate that means business. 8oz <sup>+</sup> rump steak, 7oz <sup>+</sup> gammon steak, chicken fillet, two Irish pork & leek sausages all grilled to perfection. Served with a fried free-range egg, grilled tomato, flat mushroom and garden peas 1701 kcal |  |

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| <b>WHY NOT ADD...</b>                                                                                                                                                                                         |  |
| <b>+ HALF RACK BBQ RIBS*</b> +675 kcal +5.00<br><b>+ BATTERED ONION RINGS</b> +752 kcal +3.25<br><b>+ CRISPY KING PRAWNS</b> +117 kcal +2.50<br>Add crispy king prawns to your steak to make it a Surf & Turf |  |

Sides

AH GO ON, ADD A BIT ON THE SIDE

|                                            |  |
|--------------------------------------------|--|
| <b>WAFFLE FRIES</b> 437 kcal 4.25          |  |
| <b>BATTERED ONION RINGS</b> 752 kcal 3.25  |  |
| <b>GARDEN PEAS</b> 159 kcal 1.25           |  |
| <b>MUSHY PEAS</b> 174 kcal 1.25            |  |
| <b>DRESSED SIDE SALAD</b> 196 kcal 3.25    |  |
| <b>SEASONED CHUNKY CHIPS</b> 375 kcal 3.25 |  |
| <b>COLESLAW</b> 212 kcal 2.25              |  |
| <b>GARLIC BREAD</b> 211 kcal 3.25          |  |
| <b>CHEESY GARLIC BREAD</b> 260 kcal 4.25   |  |

WHY WAIT?  
ORDER & PAY  
AT YOUR TABLE



Adults need around 2000 kcal a day

LOOKING FOR SOMETHING ELSE? SWITCH IT UP WITH SARNIES, SALADS & BALANCED BOWLS ON THE BACK